



PT *by Marge*

Hands on Manual Therapy for Health and Wellness

Please check all that apply to you.

Rheumatoid Arthritis High or low Blood Pressure Emphysema

Congenital heart defect Bleeding disorders Pacemaker

Osteoarthritis Heart problems/heart disease Tuberculosis

Diabetes Type I or 2 Chest pain/angina/palpitations Cancer

Hepatitis A, B, C Circulation problems or blood clots Stroke

Osteoporosis or Osteopenia Bronchitis/pneumonia Asthma

Thyroid Condition Sexually transmitted diseases or HIV/AIDS Liver disease

Using blood thinners Currently Pregnant or attempting pregnancy Toxoplasmosis

Poor balance or recent falls Dizziness/vertigo/fainting/blackouts Fibromyalgia

Recurrent muscle/ joint pain Chemical dependency (i.e. alcoholism or drugs) Anemia

Severe headaches Lyme disease, tick related diseases Psychological

Skin problems Epilepsy/seizure disorders Menopause

Food intolerance Gastrointestinal issues (IBS, Crohn's) Depression

Latex Allergy Abdominal pain/bloating/gas Gout

Multiple sclerosis Kidney disease/stones Heartburn/GERD

Other

Review of Systems: During the past year, have you had any of the following?

Unexplained Fevers Chest Pain/Tightness Night Sweats

Unusual Stress in Work Life Trouble Breathing Persistent Cough

Change in Bowel Habits Excessive Fatigue Hoarseness

Unusual Stress in Home Life) Urinary Incontinence Difficulty swallowing

Unexplained Weight Loss Change in menstruation Unusual discharge from

Swollen Ankles/Legs Change in appetite Nodes (groin/armpit/neck)

Stiffness in Joints Depression Joint Swelling/Warmth

Painful Urination Black/Bloody Stool Difficulty Sleeping

Blood in urine Anxiety Easy Bruising

Allergies (please list): _ _ _____

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Medications (please list): _____

PAIN QUESTIONNAIRE

History of Onset

When did this current episode of pain begin?

Did the pain/problem begin: gradually suddenly

How did this episode of pain begin?

bending twisting lifting pushing/pulling motor vehicle accident other

If your pain is due to an injury, briefly describe the events that led to the injury.

Have you had prior episodes of this pain/problem? Yes No

If yes, how many episodes have you had? _____

When did the first episode begin? _____

Is this episode worse than the previous episode? _____

Explain what caused the prior episodes: _____

Where are you experiencing your pain? (check all that apply)

back hip thigh knee lower leg neck ankle/foot shoulder upper arm

pelvic area elbow wrist/hand

Use the diagram and symbols to indicate where your pain is.

Ache: AAA Burning: XXX Numbness: OOO Pins/Needles: ... Stabbing: ///

Are you currently receiving any of the aforementioned treatments now? Yes No

Regular Exercise (what and how often) _

Sleep Habits (trouble falling asleep, staying asleep, reason for awakening, resting in am?)

